

## Region 5 Behavioral Health Community Board

### Meeting Minutes

11:30 ~ 2:30

August 7, 2013

*Present:*

Sally Bryan, Frances Wright, Brian Pike, Dawn Anderson, Kathy Blamires, MaryBeth Kraemer, Rick Huber, Janelle Johnson, Rick Yavruian, Kent Ireton, Beth Cothorn, Scott Rasmussen, Carmen Babb, Gail Baker, Greg Lewis, Miriam Staffen, Tom Hanson, Kathy McRill, Kim Dopson, Deborah Thomas, Mick Hodges (via phone), Eric Jones, Paul Shepherd, Annette Ludington, Jamie Goffin, Lori Stewart, Angenie McCleary (via phone).

*Excused:*

Janice Kroeger, Nancy Kunau, Linda Wright, Helen Edwards

*Next meeting:*

September 4, 2013; 11:30 – 2:30 at 601 Pole Line Road

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#### I. Announcements

**9/21/13 - Partners in the Park –from 11:00 – 3:00 – to sign up to man the booth contact Sally or Beth**

**9/26/13 - Prevention Event– Greg Sommers will be the trainer and there will be 3 session (Morning - High Schools, Afternoon – Middle Schools, Evening – Community)**

**9/27/13 - Adolescent Depression screening - from 7:30 to 12:30 at St Lukes/Oak Rooms 3 & 4 – there is no sign-up needed**

#### II. Business

##### Agenda:

- WITS Updates: Michelle Buskey
- Legislative updates: Rosie Andueza
  
- Guest Speaker – Idaho Dept. of Corrections
  - Greg Lewis – Substance Use Disorder Director
  - Gail Baker – SUD Clinical Supervisor
- Guest Speaker – Recovery Coach Overview
  - MaryBeth Kraemer – PSR Specialist for Region 5 Behavioral Health
- Other Business
- Adolescent Depression Screening Learning Collaborative
  - Beth Cothorn – Region 5 CRD
- Partners in the Park
  - Beth Cothorn – Region 5 CRD
- Prevention Event Update:
  - Scott Rasmussen and Beth Cothorn

Additions to the **Agenda:** none

### **Approval of Minutes:**

Motion to approve minutes –Tom Hanson

Motion seconded –Eric Jones (changes made on support services section)

Minutes unanimously approved

**Action Items** from last meeting have been completed.

**Jamie Teeter will see what GAIN data isn't populating in WITS and will address any issues on the FAQ's on the WITS website – this issue has been fixed in WITS.**

### **III. Discussion:**

#### Residential Treatment funding:

There is a funding gap for continuity of care.

Specialty drug courts will fund residential treatment.

This might be a great issue for one of the subcommittee's to work on.

Detox: It is more cost effective if people are referred to a facility like Walker Center for detox rather than Canyon View.

There is some funding available through Behavioral Health for residential services.

Navigating this quickly changing system is difficult and needs to be streamlined.

#### WITS Regional Trainings for Treatment Providers (Michelle Buskey):

Region 5 Provider Training is Sept. 3 & 4. September 3<sup>rd</sup> (RSS Training) is from 1:00 – 5:00 at CSI Health Science/Human Services Building, Room 228, 315 Falls Avenue. September 4<sup>th</sup> Tx. Provider Training from 8:00 – 12:00 and 1:00 – 5:00 at the same location as the September 3<sup>rd</sup> training.

#### Update from Central Office: (Rosie Andueza)

OPTUM will be holding meetings with providers for informational purposes. Region 5 meetings will be held in Boise - August 22<sup>nd</sup> from 1:00 – 4:00 at the Riverside Hotel, 2900 Chinden Blvd.

Training materials will be posted at [www.optumidaho.com](http://www.optumidaho.com).

Recovery Coach training update: Fifty recovery coaches have been trained, 15 have been trained as trainers. The next training will be the week of October 7<sup>th</sup> in Blackfoot. Training is free but rooms, food and travel are not paid for. There is a limit of 25 people; Regions 5, 6 and 7 have priority.

Trauma informed website is still being worked on. Let Beth Cothorn know if you would like to help with this.

Peer Specialists are being used more in Idaho and the program is very strong. No additional funding has been provided yet for this program.

Budget is not complete yet but we do know that there is no reduction in the budget allocations for any of the areas we historically have served.

Guest Speaker: Greg Lewis

A budget report was provided and will be attached with these meeting notes.

Safe and sober housing cost is lower in Region 5 because there is only one Safe & Sober housing in Region 5 which is "My House". Many people in Region 5 are able to access the services in the other Regions.

Currently SUD and Behavioral Health funds are separated. There is some flexibility with recovery support; an example of this would be prescription maintenance support. This would be used for the population served by the Idaho Department of Corrections (IDOC).

Private providers should soon see an influx of clients being court ordered for substance use treatment (19-2524). There is also state funded mental health care for court ordered clients.

Comment: It is preferable that these people get treatment before they get to the court system.

The Risk-to-Revocate population is budgeted for each district. If the internal process doesn't work they will refer them out to private providers.

OPTUM/Medicaid –

BPA is currently working with OPTUM to roll people out of the current funding source.

If it isn't covered in the Medicaid package and they are a DOC offender then IDOC will pick up that component.

The WITS program will make it much easier to refer clients for care. It will lessen the paperwork usually necessary and allow for immediate care with no lapse in time. It is possible for IDOC to release the GAINs testing through the referral which will help the private provider.

Recovery Coach Training – MaryBeth Kraemer

Sometimes a person is not surrounded with care and they fall through the cracks and relapse. A Recovery Coach walks shoulder to shoulder with the person to help them through those early days of recovery and into sustained recovery.

A Recovery Coach helps a person to come out of treatment and deal with the transition to the community.

The service a Recovery Coach performs may soon be a billable service. The Department will be billing for this service as life skills training.

A flyer will be coming out soon in order to sign people up to be recovery coach.

**IV. Subcommittee discussion notes attached.**

## **V. Subcommittee Reports to the Board**

### Data/Legislative Subcommittee:

- WITS data entry is labor intensive.
- OPTUM will not be using WITS for billing
- New IDAPA rules are out for Mental Health – no Basic, Enhanced or Healthy Connections.
- DUI evaluators have to be with a licensed facility.

### Community Education/Prevention Subcommittee:

- Partners in the Park and Prevention event are in the works.
- One general message will be presented throughout the year.
- Students will submit videos and posters that will be voted on in October. Flyers announcing the contest will be available at the Partners in the Park event and the winners will be highlighted at the Art of Recovery showcase.
- Dr. Pullin will be presenting a training on medication for children in psychiatric setting – TBA

**The Board is being urged to help promote and sign up to assist with these events.**

### Support Services:

- No attendees

### Issues:

- In the Blaine County area there have been no noticeable increases in those seeking behavioral health or substance use disorder services. There has been an increase in incarcerations. St. Lukes in Hailey will soon have a mental health outpatient clinic.
- Public transportation is an issue in our rural areas.
- There is a need to have CIT training for officers in that area. There is a CIT training being planned for March in the Twin Falls area.